

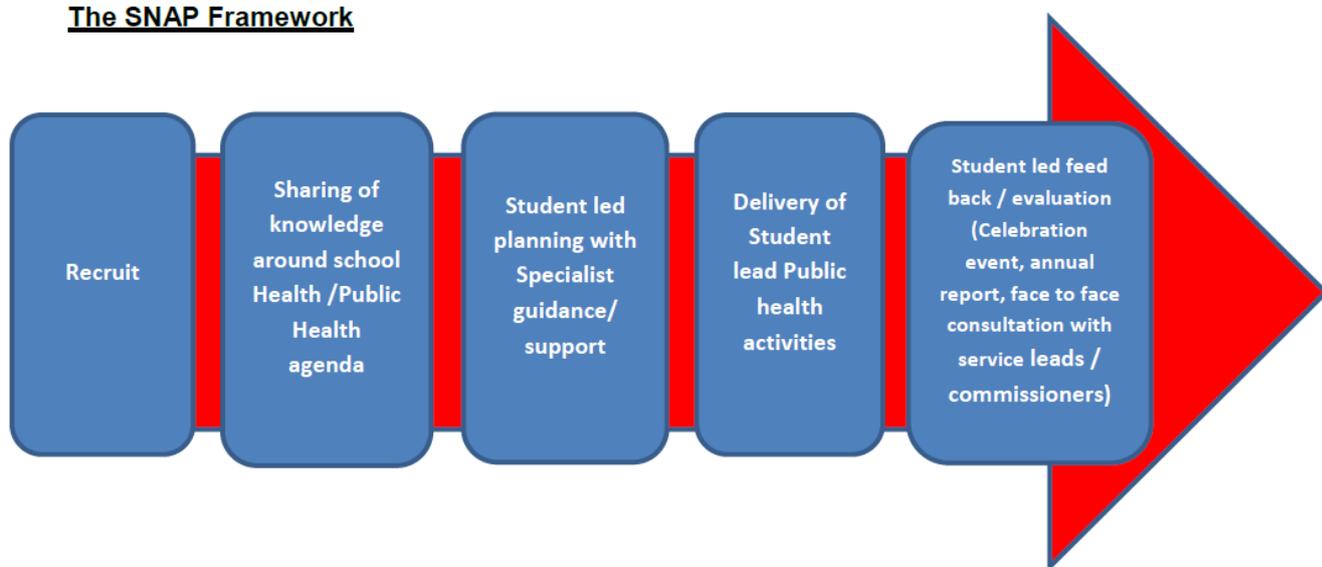
# School Nurse Ambassadors

Our School Nurse Ambassadors are Year 5 children who are elected by their class to work with the School Nursing Team once per fortnight to raise awareness of a range of public health issues within school. These include emotional and mental health, healthy eating and physical health and wellbeing.

## The aims of the project are:

- To recruit train and support pupils to become School Nurse Ambassadors and promoters of public health within their own school environments.
- To give pupils an opportunity to promote and signpost to the School Nursing Service on their terms.
- To provide pupils with an opportunity to become more involved in how the service is delivered, ensuring pupils' voices are heard within School Nursing Service provision.
- To support the potential for sparking an interest in a career in School Nursing / Health Care.

## The SNAP Framework



This year, our School Nurse Ambassadors have been working hard to promote good emotional health and wellbeing in school.

Our Ambassadors have worked with the school nurse to improve our understanding of why it is important to look after our emotional and mental health and give us ideas of how to do this!

Our Ambassadors launched a whole school competition to design a poster to raise awareness of emotional health.

**If you or anyone you know needs any support, speak to a trusted adult in school or at home.**